

Hypnotherapy Modalities Listing

Modalities List:

Advanced Bowen Therapy	Excluding any joint mobilisation
Aromatherapy, Flower Essences	
Body Network & Beyond	
Coaching Professional inc life, career, business, executive & organizational (excluding financial, legal, structural, personnel & management consulting)	
Counselling Professional including (but not limited to) loss and grief, career, family, drug and alcohol, rehab.	
Educational Kinesiology	
EFT (Emotional Freedom Technique)	
Flower Essences (Bach Flower)	
Forensic Hypnosis	
Herbalism	Excluding Chinese Herbal Therapy
Homoeopathy	
Hypnobirthing	Excluding delivery advice
Hypnotherapy	Include Workshops for educational purposes but excluding Stage Hypnotherapy Apply Past Life Regression Warranty
Integrated iodynamics (extension of Kinesiology)	
Iridology	
Jungian Analysis	
Kinesiology	
Magnetic Therapy	
Manual Lymph Drainage	
Massage Therapy (inc Bowen, Shiatsu, Tuina, sports & other common soft tissue techniques)	
Mediation	Excluding corporate and government resolution work
Meditation	
Myorthotics	
Myotherapy	
Natural Vision Improvement	
Naturopathy	Excluding Live Blood Analysis, H-L-B Blood Screening, Bradford Blood Screening, Homotoxicology, Biomesotherapy/Biopuncture, Hemaview Analysis, Urine Analysis, Metabolic Free Radical Testing
Neuro Linguistic Programming/Communications (NLP)	
Neurostructural Integration Technique (soft tissue)	Excluding any joint mobilisation
Psychodrama	
Psychosocial Healing	
Psychotherapy/Psychoanalysis	Excluding registered Psychology or Psychiatry
Reflexology	
Reiki	
Sleep Talk	
Spiritual Healing	Excluding psychic, predictive, channeling, astrological, numerological and religious activities
Time Line Therapy(TM)	Apply Past Life Regression Warranty
Tissue Salt Therapy	
Touch for Health	
Transactional Analysis	
Trigger Point	Excluding any joint mobilisation
Vocational Rehabilitation Counselling	
Crystal Therapy (including Electro)	
All other modalities must be referred to ProRisk	

The following activities are OK to be included if in combination with a total over 50% of one or more of the above modalities subject to our terms and conditions:

5 Tibetan Rites
Accunect
Active Release Technique (ART)
Actively Ageing Practitioner
Acupoint Therapy
Acupressure
Acupuncture
Acupuncture Point Injection (with saline solution)
Alexander Technique
Allergy Testing
Animal Assisted Therapy
Animal Therapy (excluding race horses)
Antenatal Classes – excluding Delivery Advice
Aqua Aerobics
Aqua Fitness
Aquatic Resistance Training
AromaTouch
AromaTouch Technique
Art Therapy
Ashati
Atlas Profilax
Atlas Reconnect
Attractor Field Therapy
Audiologists - Audiologist Endorsement
Aura-Kinetic training
Auro Soma
Australian Bush Flowers Therapy
Aviva Method
Ayurveda
Bach Flower Remedies
Barre
Barre Attack
Belly Dancing Fitness
Bio Acoustical Utilization Device (BAUD)
Biochemic Cell Salts
Bio-Energetic Healing
Biofeedback
Biofrequency
Biomagnetic Therapy
Biomesotherapy
Bio-resonance Matching
Body Balance
Body Code Practitioner
Body Harmony
Body Talk Systems
Body Transformation
Bokwa Fitness
Booty Barre
Boxercise
Brain Gym
Brandon Raynor
Breathwork
Brennan Healing Science – “Energy Healing Work”
Butyko Breathing Method

Cellulite Treatment - Non Mesotherapy
Chakradance
Chi Ball
Chi Gong
Chi Nei Tsan
Chi Running Technique
Chi Walking
Children's Relaxation
Chinese Herbal Dispenser
Chinese Medicine
Colon Hydrotherapy
Colonic Irrigation
Colour & Sound Vibration Therapy
Colour Therapy
Counselling
Craniosacral Therapy
Cupping
Dance Instruction (only as part of another approved Modality)
Dance Therapy (including physie)
Dancing For Birth
Dental Hygienist
Detox Foot Spa Treatments
Diagnostic Sleep Study and CPAP Treatment Service
Dieticians
Diversional Therapy
Dorn Therapy
Doula
Drama Therapy
Dry Needling
Ear and Body Candling
Ego State Therapy
Electro-Acupuncture
Electrotherapy
Embodiment of Yoga
Emmett Technique
Emotion Code Practitioner
ENAR
Endermolgie
Esoteric Healing
Essence of Angels
Exercise Physiology
Facial Harmony
Feldenkrais
Feng Shue
Fitness Instructor
Flower Remedies
Focusing
Food Coaching
Frequency Specific Microcurrent (Bodyfield Analysis)
Functional Facial Tapping
Gait Scan Practitioner
Gym Supervision
Gyrotonic
Hahnemann Healing
Halo Therapy
Hand Therapy
Healing Energy
Healing Touch
Health Coaching

Heat Lamp Therapy (TDP)
Hellerwork
Herbal Medicine
Holographic Kinetics
Homeopathy
Horstmann Technique
Hot Hula Fitness Instructor
Hydrotherapy
Hyperbaric Oxygen Therapy
Hyperton-X
Hyproxi Weight Loss
IFAS (Skin and Nerve Stimulation)
Ignite Your Spirit (Energetic Healing)
In Zen Class
Infant Massage Instruction
Infant Massage Instruction
Integrated Energy Therapy
Integrated Therapeutic Alignment
Ion Detoxing Foot Spa
Iontophoresis
ISIS Seichem Healing
Japanese Acupuncture
Japanese Cosmo Facelift
Jazzercise
Jenkins Equine Neurophysiological Therapy (JENT)
Joint Mobilisation (excluding spinal mobilisation)
Juice Therapy
Kinergetics
Kinesis Myofascial Integration
Kiniesiology
Lactation Consultants/Breast Feeding Advice
Laser Acupuncture
Laughter Therapy
Life Alignment
Magnetic Field Therapy
Marriage Consultants
Massage
Massage - Ancient Hawaiian Temple
Massage - Aromatherapy
Massage - Baby
Massage - Bamboo
Massage - Chinese
Massage - Connective Tissue
Massage - Corporate
Massage - Deep Tissue
Massage - Hawaiian
Massage - Hoffman
Massage - Indian Head
Massage - Kahuna Style
Massage - Lomi Lomi
Massage - Lymphatic Drainage (Low Level Laser Therapy)
Massage - Mobile
Massage - Oncology Massage
Massage - Pregnancy
Massage - Remedial
Massage - Soft Tissue Mobilisation
Massage - Swedish
Massage - Tens Therapy
Massage - Thai

Massage - Thai Yoga
Massage - Ultrasound
Massage - Zenthai Shiatsu
Matrix Energetics
Medical Photographer
Mental Health Skills Trainer
Metabolic Free Radical Testing - Theratest
Mindfulness Based Stress Reduction
Mix Martial Arts
Mora Therapy
Movement Meditation
Movement Therapy
Moxibustion
Muscle Tension Treatment
Music Therapy
Myofacial Release Therapy
Myofunctional Therapy
Myopractic
Naturopathic Medicine (incorporating Live Blood Analysis)
Neural Integration System
Neuro Kinetics
Neuro Muscular Technique
Neurofeedback Brain Training
Neuro-Linguistic Kinesiology
Neuroptimal Training
Neurospinologist
Neuro-Training
Nia
Nordic Walking
Numerology Reading
Nutritional Medicine
Nutritionists
Occupational Therapy
Oriental Health Services (including Psychology and Nutritional Medicine)
Orthobionomy
Patient Advocate
Pellowah Healing Technique
Personal Trainers (including Group Fitness)
Phenolics
Phlebotomist
Photonic (Red Light) Therapy
Phototherapy
Pilates - Aqua
Pilates/Hypnolates (including Matwork)
PNF Stretching Techniques
Polarity Therapy
Positional Release Therapy
Pranic Healing
Pre and Post Natal Exercise Prescription – excluding Delivery Advice
Prosthetic Fitting
PSH Therapy
Psychological Kinesiology (Psych-K)
Pulmonary and Lung Function Testing
Punch Fit
Push Therapy
Q2 Therapy
Qi Gong
Quan San Healing
Quantum Touch

Radial Shockwave Therapy
Radiographer
Raindrop Technique
Reconnective Healing
Recreation Therapy
Rekindled Ancient Wisdom
Remedial Therapy
Reverse Therapy
Rolfing Technique
Saliva Analysis
Salt Therapy
SCENAR
Seichim Practitioner
Shamanic Healing
Shiatsu
Sleep Therapy/Somnology
Social Worker
Somatic Integration Therapy
Soul Care
SoulCollage Facilitator
Sound Healer
Spa Clay Therapy
Speech Therapy
Spiritual Direction
Sports Trainers
Stress Management
Stretch Therapy
Structural Integration
Tai Chi
Tens Machine
Thermotherapy
Theta Healing
Thought Field Therapy
Tibetan Bowl Sacred Healing Sound
Tibetan Medicine
Timeline Therapy
Total Body Modification
Toyohari
Traditional Chinese Medicine
Transpersonal & Emotional Release Counselling
Trauma Release Exercises (TRE)
Tui na
Ultra Sound Therapy
Urine Analysis - excluding drug/alcohol testing
Venepuncturist
Visual Dyslexia Diagnosis and Treatment
Voice Dialogue
Water Exercise for Pre and Post-Natal Women
Wellness Coaching
Western Herbalist
Wet Cupping
Whole Body Vibration Therapy
Women's Dance Mediation Circles
Writing Therapist
Xtend Barre
Yoga
Yoga - Acro
Yoga - Anti Gravity
Yoga - Bikram

Yoga - Chair
Yoga - Paddleboard
Yoga – Postnatal and Baby
Yoga - Qi Gong
Yoga - Swings
Yoga - Water
Yoga for Breast Cancer
Zero Balancing
Zumba Instructor